

**Goal 1: School Readiness – Early Head Start will promote the value of every child by providing comprehensive, quality services to all children and families in order for them to achieve their fullest potential.**

Objective 1a) All enrolled children will make progress towards School Readiness Goals with a minimum of 85% of children meeting or exceeding age level expectations in each area of development as demonstrated by improved GOLD outcomes.

Objective 1b) All families will support their child’s learning by engaging in home visits, socializations, and the goal setting process throughout the program year.

Objective 1c) EHS staff will coordinate the transition process to ensure schools are prepared for children by developing a communication system and building relationships with Head Start and other Preschools EHS children will transition to.

**Goal 2: Health and Wellness: - CDS-CC will create a culture that values and promotes comprehensive health and wellness of families and staff.**

Objective 2a) EHS will educate all families about health literacy and support each family to understand their health information and role in the health of their children.

Objective 2b) Early Head Start will promote a healthy lifestyle, including nutrition, physical activity, and rest, to all families enrolled in the program.

Objective 2c) EHS will educate staff on mental health issues, including trauma, resiliency, social-emotional wellness and behavioral concerns to help improve staff’s capacity to identify, refer, and provide services to children and families in need of support or behavioral health services.

Objective 2d) EHS will provide training to staff and families on how to work with families impacted by opioid/drug addiction.

**Goal 3: Engagement - EHS will empower families to understand the importance of and prioritize family engagement within their home and community.**

Objective 3a) EHS will educate families on the importance of limiting the amount of time infants are in containers (car seats, strollers, bumbo seats, bouncy swings, rockers, bouncer seats, nursing cushions, vibrating chairs, jumpers, exersaucers, activity gyms/centers).

Objective 3b) EHS will introduce and implement strategies with families during home visits to impact parent engagement with their child during and in between the visits.

Objective 3c) EHS will implement strategies to increase parent, parent-child and child engagement during socializations.

Objective 3d) EHS will educate families on screen time: what it is, how it impacts development, and how to reduce screen time with their children.